

# MNT Clinical Test Results

4/16/04

## Basic Assessment Data

Rebecca A Williams

Rec #: 1 555-11-0101 202001

DoB: 5/30/35

	2 /23/04	Goal
Weight (lbs)	<u>233.5</u>	< 225
% Goal weight	103.8%	100
Waist girth (inches)	<u>50</u>	< 45
Body Mass Index (BMI)	<u>38.9</u>	< 30
% Goal BMI	129.8%	100
Systolic BP (mmHg)	<u>174</u>	< 140
Diastolic BP (mmHg)	82	< 90

## Self-Management Glucose Test Result

Glucose before eating	127	< 130
Glucose before bedtime	<u>160</u>	< 140
Glycemic episodes (count)	<u>1</u>	