

MNT Behavioral Status Report

Rebecca A Williams

Rec # 1 555-11-010 202001 MNT Provider: Mary J Etwell RD, LD

5 /7 /02

MNT Intervention

Diabetes (Type 2)

Ojectives	Activities	Adhearance
Eats meals and snacks at appropriate times.	Discussed	Consistently
Abstains from the use of alcoholic beverages and tobacco.	Discussed	Sometimes
Limits alcohol use to less than 2 drinks per day (men), 1 drink per day (woman).	Not discussed	
Chooses food and amounts as per given meal plan.	Reinforced	Rarely
Accurately uses information from food labels in meal planning.	Discussed	Rarely
Modifies recipes to lower total fat, saturated fat and sodium.	Not discussed	
Uses healthy cooking techniques.	Discussed	Sometimes
Selects appropriately from a restaurant menu.	Not discussed	
Participates in aerobic activity as per exercise recommendations.	Confirmed	Often
Limits alcohol use to less than 2 drinks per day (men), 1 drink per day (woman).	Confirmed	Consistently
Manages signs and symptoms of hypoglycemia.	Confirmed	Rarely
Overall comprehension		Often
Overall receptivity		Often
Overall adherence potential		Often
Eats meals and snacks at appropriate times.	Not discussed	

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